**Additional documents:**

St Paul’s Peel CE Primary School: Physical Education (PE) Curriculum Overview

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**2024/25**



Physical Education gives pupils the opportunity to develop a range of skills. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. It allows for opportunities to compete in sport and other activities, build character and help to embed values such as fairness and respect. At St Paul’s Peel CE Primary School, we use the Beyond the Physical Scheme of learning to support teaching and learning. The scheme provides a clear progression of learning through EYFS, Key Stage 1 and Key Stage 2, in-built subject specific CPD to support staff teaching of the content and a range of opportunities to truly embed and secure the knowledge, skills and understanding pupils acquire through their primary learning journey within this subject.

**LONG TERM PLANNING: 2024/25 – Cycle B**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Age Phase | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS | Developing Gross Motor Skills | Developing Gross Motor Skills | Gymnastics/Movement | Gymnastics/Movement | Athletics | Games |
| Key Stage 1 | **External specialist provider** | **Football** | Multi-Sports: **Kicking and Hitting** | Multi-Sports: **Throwing and Catching** | Multi-Sports: **Balance, Agility and Co-ordination** | Stamina and Technique: **Athletics (Field events)** | Stamina and Technique: **Athletics**  |
| **Teacher-led (using Beyond the physical PE Scheme)** | **Target, Control, Combine****(Y1) progression unit****(Y2) progression unit** | **React, Roll, Retrieve (Y1) progression unit****(Y2) progression unit** | Gymnastics**Jump, Shape, Create****(Y1) progression unit****(Y2) progression unit** | Dance (external provider/teacher-led)**Inspire, Create, Perform****(Y1) progression unit****(Y2) progression unit** | **Run, jump, throw****(Y1) progression unit****(Y2) progression unit** | **Fair, Share, Dare****(Y1) progression unit****(Y2) progression unit** |
| Lower Key Stage 2 | **External specialist provider** | **Football** | **Hockey** | **Rugby** | Stamina and Technique: **Athletics (Field events)** | Stamina and Technique: **Athletics (Track events)** | **Cricket** |
| **Teacher-led (using Beyond the physical PE Scheme)** | Gymnastics (external provider)**Class 4:** Swimming | Dance (external provider)**Class 4:** Swimming | **Basketball/Netball****Look, Run, Avoid****(Y3) progression unit****(Y4) progression unit****Class 3/4:** Swimming | Developing Stamina:**Fitness Circuits****Class 3/4:** Swimming | **Outdoor and Adventurous Activity****Fair, Share, Dare****(Y3) progression unit****(Y4) progression unit****Class 3:** Swimming | **Tennis****Strike, React, Rally****(Y3) progression unit****(Y4) progression unit****Class 3:** Swimming |
| Upper Key Stage 2 | **External specialist provisder** | Invasion Games: **Football** | Invasion Games:**Hockey** | **Rugby** | Stamina and Technique: **Athletics (Field events)** | Stamina and Technique: **Athletics (Track events)** | **Cricket** |
| **Teacher-led** | Gymnastics (external provider) | Developing Stamina:**Fitness Circuits** | **Basketball/Netball****Look, Run, Avoid****(Y5) progression unit****(Y6) progression unit****Year 5:** Swimming Top-up | Dance (external provider)**Year 5:** Swimming Top-up | **Outdoor and Adventurous Activity****Fair, Share, Dare****(Y5) progression unit****(Y6) progression unit****Year 6:** Swimming Top-up | **Tennis****Strike, React, Rally****(Y5) progression unit****(Y6) progression unit****Year 6:** Swimming Top-up |