

Saturday 3rd June 2023

The BCX Series from British Cycling is a brand new, non-competitive BMX FS only event circuit that is free for the community to enjoy.

Their aim is to inspire both new and existing BMX FS riders and at each event, they will have a team of coaches on hand to deliver sessions for riders of all abilities.

Hire bikes will be available for all riders who book a coaching session, these will be free of charge.

There will be coaching and fun activities for people to engage with throughout the session, prizes and giveaways provided by both British Cycling and our event sponsors."

The link to the event booking is as follows:

<https://www.eventbrite.co.uk/e/the-bcx-series-round-2-from-british-cycling-bmx-fs-coaching-tickets-630732456757>

Consent Form and Park Waiver

To attend this event, please complete this consent form, it is a compulsory form that will enable you to be part of this event.

You will also need to complete the park waiver before you attend.

You will not be able to enter the park if you have not completed the Consent Form and waiver. Your entrance will be delayed whilst you complete them.

Schedule:

Several coaching sessions will be run in 1 hourly intervals. Please arrive 20 minutes before your Group time. You can stay in Graystone and use the other facilities outside of your coaching session, such as the trampolines, sprung floor and rock-climbing wall (shoes are needed but these can be rented from Reception for a small fee). If you have your own bike you may continue to ride. The Groups are:

1 2:00pm to 1:00pm - Group 1

1 :00pm to 2:00pm - Group 2

2 :00pm to 3:00pm - Group 3

3 :00pm to 4:00pm - Group 4

4 :15pm - Pro Riders demonstration, all ticket holders may watch this

5 :00pm - Event finishes and park opens to other riders

On The Day

Under 12s need to have parent / guardian present.