

Get the right care, in the right place, at the right time.



A&E or 999

These services should be used in an emergency, critical or life-threatening situation.



Minor injuries unit

Offers access to range of treatment for minor illnesses and injuries, including broken bones.



GP

For expert medical advice, medical examinations and prescriptions for illnesses.



Pharmacist

Local confidential, expert advice and treatment for a range of common illnesses.



NHS 111

Call NHS 111 if you need medical help and advice, but it is not a 999 emergency.



Self Care

Many common illnesses can be treated with a well stocked medicine cabinet or plenty of rest.