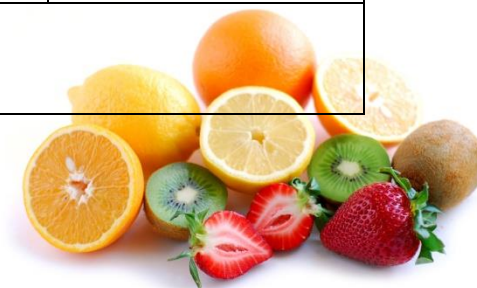


St Pauls Peel C.E. Primary School Menu - April 2017 onwards

		Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	Main Meal	Pork Meatballs in a Tomato and Basil Sauce, served with Penne Pasta, Garlic Bread	Homemade Meat and onion Pie, Gravy served with Farmhouse Vegetables, Creamed Potatoes	Sliced Turkey, Sage & Onion Stuffing, Gravy served with Diced Carrots, Garden Peas and Roast Potatoes	Pepperoni Pizza served with Sweetcorn, Oven Baked Jacket Wedges	Salmon Fillet served with Baked Beans, Oven Baked Herby Diced Potatoes	
	Main Meal (non meat) Choice	Cheese Omelette served with Baked Beans, Oven Baked Chipped Potatoes	Vegetarian Sausages, Gravy served with Farmhouse Vegetables and Creamed Potatoes	Vegetable Nuggets, Roast Potatoes, Diced Carrots, Garden Peas & Gravy	Quorn and Vegetables in a Tomato Sauce, with Savoury Rice, Sweetcorn	Homemade Cheese and Tomato Quiche served with Baked Beans, Oven Baked Herby Diced Potatoes	
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from the salad bar					
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese (3 available daily)					
	Pudding	Jam Sponge served with Custard	Chocolate Muffin	Eves Pudding served with Custard	Fruit Jelly with Angel Delight Topping	Shortbread Biscuit with ½ Fruit and Milkshake	
	Pudding	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Pudding	Selection of Fresh Fruits / Cheese and Crackers					

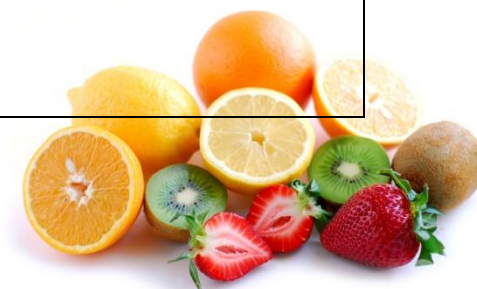
- Wholemeal bread basket available daily
- Plain semi -skimmed milk and water available daily
- Salad bar freely available daily



St Pauls Peel C.E. Primary School Menu - April 2017 onwards

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Main Meal	Lasagne served with Garlic Bread , Chopped salad	Turkey Grill served in Bun, Peas, Sweetcorn with Oven Baked Chipped Potatoes and a Tomato Dip	Shepherds Pie served with Farmhouse Vegetables and Gravy	Sliced Turkey, Sage & Onion Stuffing, Gravy served with Diced Carrots, Roast Potatoes	Breaded Fish Fillet served with Baked Beans, Oven Baked Herby Diced Potatoes
	Main Meal (non meat) Choice	Quorn Sausages, Mashed Potatoes, Mixed Vegetables & Gravy	Vegetarian Sausage Roll served with Peas, Sweetcorn, Oven Baked Chipped Potatoes	Cheese and Tomato Pizza served with Oven Baked Jacket Wedges, Tomato Salsa	Quorn and Vegetable Tikka Masala served with Patna Rice, Naan Bread	Cheese Omelette served with Baked Beans, Oven Baked Herby Diced Potatoes
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	Jacket Potatoes	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese, (3 available daily)				
	Pudding	Chocolate and Orange Muffin	Apple Shortbread with Custard	Caribbean Carrot Cake	Chocolate Sponge with Chocolate Sauce	Iced Sponge
	Pudding	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Pudding	Selection of Fresh Fruits / Cheese and Crackers				

- Wholemeal bread basket available daily
- Plain semi -skimmed milk and water available daily
- Salad bar freely available daily



St Pauls Peel C.E. Primary School Menu - April 2017 onwards

		Monday	Tuesday	Wednesday	Thursday	Friday	
Week 3	Main Meal	Chicken Vegetable Tikka Masala served with Patna Rice, Naan Bread	Welsh Pork Sausages served with Baked Beans, Oven Baked Chipped Potatoes	Roast British Chicken Fillet served with Gravy, Roast Potatoes, Mixed Vegetables	Pasta Bolognese with Garlic Bread, Mixed Salad	Fish Fingers served with Garden Peas, Creamed Potatoes	
	Main Meal (non meat) Choice	Vegetarian Nuggets with Broccoli, Oven Baked Saute Potatoes	Cheese and Onion Quiche served with Baked Beans, Oven Baked Chipped Potatoes	Mediterranean Quorn served with Patna Rice, Crusty Bread, Mixed Salad	Cheese Omelette served with Baby Carrots, Oven Baked Jacket Wedges	Quorn Sausages served with Garden Peas, Creamed Potatoes	
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from salad bar					
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese (3 available daily)					
	Pudding	Fudge Brownie Slice	Banoffee Cupcake	Rice Pudding with Fruit salad	Oaty Apple Crumble with Custard	Ice Cream Tub	
	Pudding	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
	Pudding	Selection of Fresh Fruits / Cheese and Crackers					

- Wholemeal bread basket available daily
- Plain semi -skimmed milk and water available daily
- Salad bar freely available daily

